

Repetition creates perfection

Warm-ups are necessary for anyone that is an on-air talent. Singers vocalize before performing... orchestras tune up before playing... and you must warm-up before a performance or before going live on the air.

Standing up... Breathing correctly... Open the mouth W-I-D-E... now wiggle the tongue back and forth... up and down... move the lips in and out... up and down... As you do this, the sound coming from your mouth should be garbled.

You will find some tongue twisters... do them slowly... then pick up the speed... see how fast you can do them without faltering... Be sure the mouth is very wide open... exaggerate each word, each syllable... AND DON'T WORRY... when in normal conversation you will not speak in this manner.



Warm-ups

Tongue Twisters



Around the Rugged Rock the
Ragged Rascal Ran

Seven Slimy Snakes Slithering
Slowly Southward.

Peter Piper picked a peck of pickled peppers.
A peck of pickled peppers did Peter Piper Pick.
If Peter Piper picked a peck of pickled peppers,
How many pickled peppers did Peter Piper pick.

Toy boat, Toy boat, Toy
boat, Toy boat

Amidst the mists and deepest frosts,
With stoutest wrists and loudest boasts,
He thrust his fists against the posts,
And still insists he sees the ghosts.

Tongue Twisters

warm-ups

Rubber Baby Buggy Bumpers.

Unique New York.

To sit in solemn silence
On a dull, dark, dock
In a pestilential prison
With a lifelong lock
Awaiting the sensation
Of a short, sharp, shock
From a cheap and chippy chopper
On a big, black, block.

What a to-do to die today, at a minute or two to two;

A thing distinctly hard to say, but harder still to do;

For they'll beat a tattoo at twenty to two;

A rat-ta-ta-ta-ta-ta-ta-ta-too;

And the dragon will come when he hears the drum;

At a minute or two to two today, at a minute or two to two!

Whether the weather be cold,
Whether the weather be hot,
We'll be together whatever the weather,
Whether we like it or not!

Whether the weather be cold, Whether the weather
be hot, We'll be together whatever the weather,
Whether you're young or you're old!

Eleven benevolent elephants Red leather, Yellow
leather;

Eleven malevolent elephants Red leather, Yellow
leather;

Good blood, bad blood

The little Yiddish lady in her lemon yellow slicker
Just jiggle it a little it'll open

Inimically mimicking her philological liability.

Intolerably literally literary.

A tooter who tooted the flute, tried to tutor two
tutors to toot
Said the two to the tutor, "Is it harder to toot,
or to tutor two tutors to toot?"

Sheep shouldn't sleep in a shack. Sheep should
sleep in a shed.

The Leith police dismisseth us.

Can you imagine an imaginary menagerie manager
imagining managing an imaginary menagerie?

Amidst the mists and coldest frosts

With barest wrists and stoutest boasts

He thrusts his fists against the posts

And still insists he sees the ghosts.

Prattling Pat Matt pats Paul's plump, purring,
plushy Persian cat

Beth's best beau bets Bess' Best beau Beth's
brown blouse belongs to Bess.

if a werewitch wished a weird wish with a withered
wizard's whip,
where is the withered wizard's whip with which the
weary witch wished?

Fritz Felsh fetched Fred Frisch fresh fish Friday

Frank threw Fred three free throws.

Industrious Dessie dexterously dusts dusky desks
daily.

Schwartz's sweet Swedish sweetheart slickty
swiped Schwab's Swiss sword swiftly.

Saucy Sue's snippy sneaky sister, Sarah, saw
Sue's shy suitor,
sly Seth Small, shyly squeeze, snickering Sue,
saying soothingly,
"Saucy Sue surely suits shivering shy Seth Small!"

Sally Saltzman's sister sent snapshots showing six
shell-shocked southern
soldiers shining shimmering swords and selling
shrapnel souvenirs.

Saurf C. Shaw saws seesaws, but, pshaw! As Esau
Shaw sees Saul C. Shaw
saw seesaws, saucy Esau Shaw seesaws on
seesaws Saul C. Shaw saws.

Charming chic Charlotte chews choice, cheap,
chopped, cheese chips.

Herr Hurd hurt his head as he herded his herd. Herr
Muni's heir,
airing her hair, heard Herr Hurd err ere Herr Hurd
heard her.

I bought a batch of baking powder and baked a
batch of biscuits. I brought a big basket of biscuits
back to the bakery and baked a basket of big
biscuits. Then I took the big basket of biscuits and
the basket of big biscuits and mixed the big
baskets with the basket of biscuits that was next to
the bra basket and put a bunch of biscuits from the
baskets into a box. Then I took the box of mixed
biscuits and a biscuit mixer back to the bakery and
opened a can of sardines.